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ABSTRACT

GRADES OR AGES: K-12. SUBJECT MATTER: Family life education; ORGANIZATION AND PHYSICAL APPEARANCE: The guide is divided into three sections, one each for grades K-6, 7-8, and 9-12. These sections are further subdivided into units, one for each grade. Each section is in list form. The guide is mimeographed with a paper cover. OBJECTIVES AND ACTIVITIES: Each unit begins with a list of several objectives, which usually involve developing an understanding or appreciation of certain concepts. These are followed by an outline of course content. No specific activities are suggested. INSTRUCTIONAL MATERIALS: Each section contains an extensive annotated list of curriculum materials, with emphasis on films and other audiovisual materials. There is also a short vocabulary list at the end of each unit. STUDENT ASSESSMENT: No mention. (RT)

ED051196

COURSE OF STUDY FOR FAMILY LIFE EDUCATION

Presented to the Portland Board of Education by the Family Life Education Committee

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This curriculum is presented as a guide to the classroom teacher in grades K-5 and to the Family Life Education teacher in grades 6-12. Since it is a sequential guide, it is intended that during the first few years of its implementation the teacher should refer to the course content and vocabulary lists presented in previous grades.

The Committee recommends classes be co-educational and that student evaluation processes be determined by the classroom teacher.

SP007460

THE MIRACLE OF GROWTH AND LIVING

KINDERGARTEN

OBJECTIVES

I. To develop in the student an understanding of growth.

II. To develop in the student an understanding of the elementary facts of reproduction.

III. To develop in the student an understanding of the role of the family in his life.

IV. To develop in the student an understanding of his role in the family.

V. To develop in the student an understanding of the importance of good body care habits.

VI. To develop in the student an appreciation of his home.

COURSE CONTENT

I. Miracle of Growth
  A. Plants
    1. Growth from seeds.
    2. Growth conditions for development.
    3. Pollination.
    4. Seed dispersal.
    5. Plant parts.
    6. Male and female plants.

  B. Animals
    1. Development outside the body.
    2. Development inside the body.
    3. Care.
      a) nature
      b) dependence on parents.
    4. Resemblance to parents.
    5. Care of pets.
  C. How I Grow.
    1. Family.
      a) mother's role
      b) father's role.
    2. Growth of baby.
      a) development.
      b) birth.
        1) doctor
        2) hospital
    3. Love of baby.
    4. Care of baby.

The Miracle of Growth and Living (cont'd.)

D. Protection from injury.
   1. Strangers.
   2. Automobile safety.
   3. Walking to school.
   4. Home dangers.

III. Home.
   A. Love.
   B. Understanding.
   C. Respect.
   D. Sharing responsibilities.
   E. Doing things together.

ENRICHMENT ACTIVITIES.

1. Forest Park Zoo (Animals).
2. Growing seeds (Plants).
3. Visit to Hatchery.
4. Dramatizing role of family.
5. Policemen - protection - strangers, etc.
6. Film: "The Private Life of a Cat". (Knowledge Builders Visual Education Building, Floral Park, N.Y.)

VOCABULARY.

Abdomen
Born
Bowel Movement
Breast
Buttocks
Cooperate
Discipline
Droppings
Elimination
Family
Feelings
Female
Fertilize
Habit
Hazard
Housing
Incubator
Male
Mammal
Mating
Navel
Nipple
Penis
Pregnant
Rectum
Respect
Sex
Sharing
Testicles
Twins
Umbilical Cord
Urinate
Urine
Womb

PLANTS, ANIMALS, AND ME

FIRST GRADE

[illegible] weeks

OBJECTIVES.

I. To develop in the student an understanding of the growth of plants.

II. To develop in the student an understanding of the differences between male and female animals.

III. To develop in the student an understanding of human development.

IV. To develop in the student an understanding of self-concept.

V. To develop in the student an appreciation of the family.

COURSE CONTENT.

I. How plants grow.
   A. Healthful environment.
   B. Proper care.
   C. Observations of growing plants.

II. How animals grow.
   A. Identify role of male and female animals.
      1. Difference in appearance.
      2. Responsibilities in rearing their young.
   B. Proper care.

III. My body and how it works.
   A. Body terminology.
   B. Facts about body organs.
      1. Function.
      2. Purpose.
   C. Health Habits.
      1. Development.
      2. Purpose.

IV. Development of Self-concept.
   A. Self-respect.
      1. Effect of emotions on behavior.
         a) Anger
         b) Fear
         c) Love
      2. Social behavior.
         a) Boy's role
         b) Girl's role
         c) Politeness and courtesy.
      3. Peer acceptance.
         a) Need for friends.
         b) Group support.

   B. Respect for others.
      1. Work and play together.
      2. Respect for others' belongings.

V. Significance of the family.
   A. Continuance of the family.

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Plants, Animals, and Me (cont'd.)

B. Care of family members.
   1. Food
   2. Shelter
   3. Clothing
   4. Other
C. Family Standards.
   1. Values
   2. Goals
D. Family differences.
   1. Everyone is different.
   2. Develop self-expression.

ENRICHMENT ACTIVITIES.

1. Visit "Greenhouse".
2. Film: The Day Life Begins".
3. School Nurse.
4. Spreading good cheer (elderly patients, etc.)

VOCABULARY*

Anus	Germinate
Attitude	Love
Bladder	Fear
Breeding	Anger

* The vocabulary lists are progressively developed. Refer to previous list.

UNDERSTANDING ME AND MY FAMILY

SECOND GRADE

OBJECTIVES

I. To develop in the student an appreciation of the importance of mutual love and consideration in the family.

II. To develop in the student an understanding of the responsibilities of growing up.

III. To develop in the student understanding of human reproduction.

IV. To develop in the student an understanding of the elementary facts about the body organs, their care and function.

COURSE CONTENT

I. Family Membership.
- A. Develop responsibility.
  - 1. Help at home.
  - 2. Take care of self and belongings.
    - a) Cleanliness
    - b) Clothing
    - c) Toys
    - d) Room
- B. Mutual love and respect.
  - 1. Problem solving.
    - a) Individual
    - b) Family
  - 2. Consideration

II. Growing to be a baby
- A. Understanding growth.
  - 1. Beginning of life
    - a) Parents' role
      - 1. Baby result of human love.
      - 2. Both parents form child.
    - b) Fetal development.
  - 2. Baby's role in family.

III. Body structure and physical fitness.
- A. Individual time table for growth.
- B. Care of body.
  - 1. Dental care.
  - 2. Proper nutrition.
  - 3. Sense organs and body growth.
  - 4. Change in appearance.

IV. Safety for our bodies.
- A. Street
  - 1. Walking
  - 2. Bicycles
- B. Auto
  - 1. Locks
  - 2. Sitting
  - 3. Distraction

4. Accepting rides.

C. School bus.

D. Safe play areas.

ENRICHMENT

1. Guest speakers.

A. Policeman

B. Dentist

C. Doctor

VOCABULARY *

Unborn

* The vocabulary lists are progressive. Please refer to previous lists.

HOW I GROW UP

THIRD GRADE

OBJECTIVES

I. To develop in the student an understanding of the differences between pland and animal growth.

II. To develop in the student an appreciation for life processes.

III. To develop in the student an understanding of the difference between the body structure of boys and girls.

IV. To develop in the student an understanding of individual differences among people.

V. To develop in the student an understanding of the relationship between a healthy body and mind.

VI. To develop in the student an understanding of the need for the development of a sense of responsibility to self and family.

VII. To develop in the student an appreciation of thoughtful words and deeds.

COURSE CONTENT

I. Comparison between plant and animal growth
  A. Plant life.
    1. Pollination
      a) Male parts of plants.
      b) Female parts of plants.
    2. Healthful environment
      a) Growth
      b) Reproduction
  B. Animal Life.
    1. Reproduction of young.
    2. Care of young.
    3. Care of pets.

II. My body structure.
  A. Brain
    1. Function
    2. Relationship to senses
  B. Digestive system.
    1. Purpose
    2. Function
  C. Muscles and bones.
    1. Purpose
    2. Function

III. Growing from babyhood into childhood.
  A. Heredity
    1. Inherited traits of parents.
    2. Inherited traits of grandparents.
  B. Reproduction and love.
    1. Exchange of thoughts and feelings.
    2. Companionship
    3. Understanding
    4. Children.

C. Growing up and building character.
    1. Independence
    2. Learning to be loving.
    3. Learning to be friendly.
    4. Learning right from wrong.
        a) Parent authority.
        b) School rules.
        c) Church
        d) Community
    5. Playing with others.
        a) Organized games.
        b) Fair play.
        c) Sportsmanship.
    6. Understanding parents.
        a) Loving
        b) Giving
        c) Helping

IV. My role in the family.
    A. Responsibility
        1. Helping at home.
        2. Cooperating with family routines.
        3. Actions
    B. Understanding
        1. Others point of view.
        2. Consider others' feelings.
        3. Making the best of difficult situations.
    C. Doing things together.
        1. Work.
        2. Recreation

Enrichment
(Voag - Fair) Wilson - Excellent.

VOCABULARY*

Independence	Pollen
Birth	Pollination
Reproduction	Petal
Pistil	Sepal
Stamen	Roots
Authority	Rootlets

* The vocabulary lists are progressive.
Refer to previous lists.

MY HEALTH, MY SAFETY, MY FAMILY

FOURTH GRADE

OBJECTIVES

I. To develop in the student an understandinf ot the importance of daily health habits.

II. To develop in the student an understanding of the structure and function of the body.

III. To develop in the student an appreciation of the different roles of men and women.

IV. To develop in the student an understanding of the importance of getting along with others.

V. To develop in the student an understanding of the importance of assuming the responsibility for one's safety.

VI. To develop in the student an understanding of other family members.

COURSE CONTENT

I. Developing good health habits.
   - A. Importance of good nutrition.
     1. Food nutrients.
        - a) Purpose
        - b) Where they are good.
     2. Involves eating a variety of foods.
   - B. Brain
     1. Thinking
     2. Feeling
     3. Controlling our actions
   - C. Digestion
     1. Effect of feelings.
     2. Importance of rhythm and regularity.
        - a) Eating
        - b) Activity
        - c) Rest
        - d) Elimination
   - D. Cleanliness and good health.
     1. Care
     2. Disease
   - E. Sleep and good health.
     1. Need
     2. Safeguard against accidents.
   - F. Recognize individual differences.

II. How life begins.
   - A. Living things make new life.
     1. Animal reproduction.
     2. Plant reproduction.
   - B. Mother's role.
   - C. Father's role.
   - D. Beginning of life.

My Health, My Safety, My Family (cont'd.)

III. How we think.
- A. Learning by experience.
  - 1. Must try to learn by experience.
  - 2. Errors.
- B. Getting along with others.
- C. Emotions
  - 1. Feelings change.
  - 2. Fear
  - 3. Shyness
- D. Reality
  - 1. Self-acceptance
  - 2. Setting realistic goals.

IV. The safe way of doing things.
- A. Safety at home.
  - 1. Safe places to play.
  - 2. Safe play equipment.
  - 3. Safe recreational activities.
    - a) Hikes
    - b) Swimming
    - c) Beach
- B. Safety at school.
  - 1. Traffic safety.
    - a) Walking
    - b) Bicycling
  - 2. Fire safety.
- C. First aid.
  - 1. Cuts
  - 2. Bruises
  - 3. Bumps

V. Understanding my family.
- A. Being a good family member.
  - 1. Treat others as one would like to be treated.
  - 2. Qualities of being a good sport.
  - 3. Respect individual differences.
- B. Growing up.
  - 1. Use of language grows.
  - 2. Love parents in a more grown-up way.
  - 3. Develop sense of privacy
    - a) Belongings
    - b) Body
  - 4. Modesty
    - a) Customs
    - b) Clothing

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PHYSICAL, MENTAL, AND SOCIAL GROWTH

FIFTH GRADE

OBJECTIVES

I. To develop in the student an appreciation of the wonders of the human body.

II. To develop in the student an understanding of the factors influencing growth and development.

III. To develop in the student an appreciation of mental health.

IV. To develop in the student an understanding of social growth and development.

COURSE CONTENT

I. Understanding physical health.
   - A. Personal hygiene
   - B. Grooming
   - C. Body care.
   - D. Rest
   - E. Exercise
   - F. Diet
     1. Basic daily foods.
     2. Food nutrients.
     3. Alcohol, narcotics, and smoking.
   - G. Structure and functioning of the body.
     1. Reproductive systems of the body.
     2. Internal organs.
     3. Glands
     4. Protective functions
        a) Eyelids
        b) Ribs

II. Understanding mental health.
   - A. Basic needs.
     1. Physical
     2. Emotional security.
     3. Achievement
     4. Status
   - B. Understanding behavior.
     1. Reasonable expectancies.
     2. Reasons for different types of behavior.
     3. Problem solving.
   - C. Setting realistic goals.

III. Understanding social growth.
   - A. Making friends.
   - B. Sharing
   - C. Social situations.

ENRICHMENT

1. Socio-drama monologue, etc.
2. Doing for others
   (Convalescent) Home
3. Professional assistance from local doctors.

Physical, Mental, and Social Growth (Cont'd)

VOCABULARY*

Emotion
Acceptance
Aggression
Gratitude
Guilt
Rejection
Respond
Retaliation
Tantrum
Tension
Adolescent
Ediquette
Poise
Feces
Puberty
Traits
Urethra
Testes
Scrotum
Bladder
Foreskin
Prostate
Seminal vesicle
Masturbation
Ovulation
Menstruation
Fallopian tube
Cervix
Puberty
Vagina
Insanity
Sperm duct
Pubic hair

* Vocabulary lists are progressive. Refer to previous lists.

PERSONAL AND FAMILY RELATIONSHIPS

SIXTH GRADE

OBJECTIVES

I. To develop in the student an understanding of the importance of personal health.

II. To develop in the student an understanding of human reproduction.

III. To develop in the student an appreciation of self-understanding.

IV. To develop in the student an understanding of the importance of a healthy attitude toward self, family and friends.

V. To develop in the student an understanding of his social responsibilities to self, family and friends.

COURSE CONTENT

I. Growing up physically.
- A. Personal hygiene.
  - 1. Good grooming.
  - 2. Body care.
- B. Rest and leisure time.
- C. Physical fitness.
- D. Food and nutrition.
  - 1. Understanding the basic four.
  - 2. Food nutrients.
  - 3. Effects of:
    - a) Alcohol
    - b) Narcotics
    - c) Smoking
- E. Body functions.
  - 1. Internal organs.
  - 2. Glands.
  - 3. Protective functions.
  - 4. Reproduction
    - a) Female reproduction.
    - b) Male reproduction.
    - c) How humans start, develop and inherit. (Human Growth and Reproduction - Boyer and Brandt Laidlaw)
  - 5. Appreciation of body.
    - a) Individual differences.
    - b) Effect of emotions.

II. Understanding myself.
- A. Developing wholesome attitudes.
  - 1. Toward normal body functions.
    - a) Nocturnal emissions.
    - b) Masturbation.
    - c) Menstruation.
    - d) Ejaculation.
- B. Understanding feelings.
- C. Need for love.
- D. Need for success.
- E. Need for security.
- F. Facing problems.

III. Growing up socially.
- A. Individual responsibilities.
  - 1. Friendship.
  - 2. Consideration for others.
  - 3. Social graces.

Personal & Family Relation- (Cont'd)
ships

B. Community responsibilities.
   1. Home
   2. School
   3. Community
      a) Resources
      b) Facilities.

C. Alcohol, narcotics,and smoking.

VOCABULARY.

Nocturnal emission
Ejaculation
Coitus
Intercourse
Fetus
Protoplasm
Community property
Responsibility
Privilege
Democracy
Rights
Marijuana
LSD
Peer group
Acne
Pore
Pigment.

*Vocabulary lists are progressive. Refer to previous lists.

Curriculum Materials - K-6

/6

CURRICULUM MATERIALS

I. Kindergarten - Sixth Grade

A. Suggested textbooks (Basic and/or Supplementary)

Author	Title	Publisher	Date	Unit Price	Grade Level
Bauer, William W. and others	BEING SIX (Basic Health & Safety Program. 10 books.)	Scott	1962	$1.96	1
Bauer, William W. and others	HEALTH FOR ALL (New Basic Health & Safety Program. 9 books.)	Scott	1965		1-6
	Jr. primer:			1.68	
	Book 1:			1.96	
	Book 2:			2.28	
	Book 3:			2.40	
	Book 4:			2.64	
	Book 5:			2.68	
	Book 6:			2.68	
	Book 7:			3.04	
	Book 8:			3.04	
Brown, Margaret W.	THE GOLDEN EGG BOOK	Golden Press	n.d.	1.00	K
De Schweinitz, Karl	GROWING UP 4th ed.	Macmillan	1965	2.95	1-6
	lib. bdg.:			3.24 net	
Ets, Marie Hall	THE STORY OF A BABY	Viking	1939	4.00	K
	lib. bdg.			3.77 net	
Garelick, May	WHAT'S INSIDE	W.R.Scott	1955	2.75	K
Gruenberg, Sidonie M.	THE WONDERFUL STORY OF HOW YOU WERE BORN	Doubleday	1952	2.95	1-6
Krauss, Ruth	THE CARROT SEED	Harper	1945	2.50	K
	lib. bdg.:			2.57 net	
Levine, Milton L. and Seligmann, J.H.	A BABY IS BORN rev. ed.	Golden Press	1966	2.95: 1.00 pap.	1-6
Ravielli, Anthony	WONDERS OF THE HUMAN BODY	Viking	1954	3.00	5
	lib. bdg.			2.96 net	

Author	Title	Publisher	Date	Unit Price	Grade Level
Schloat, G.Warren	THE WONDERFUL EGG Lib. Bdg.	Scribner	1952	2.97 net	1
Selsam, Millicent E.	ALL ABOUT EGGS	W.R.Scott	1952	3.25	K
Selsam, Millicent E.	EGG TO CHICK	Int.Pubs.	1946	1.95	1
Stanger, Margaret	A BRAND NEW BABY Rev. ed.	Beacon	1955	3.50	K-2
Zim, Herbert S.	WHAT'S INSIDE OF ME? lib. bdg.:	Morrow	1952	2.75; 2.78 net	K-5
Zim, Herbert S.	WHAT'S INSIDE OF PLANTS?	Morrow	1952	2.75; 2.78 net	K-3
Boyer & Brandt	GROWTH & REPRODUCTION	Laidlaw	1966		6

B. Suggested Films *

No.				Grade Level
599	ANIMALS AT WORK IN NATURE How nature equips animals for survival. How they are able to chew, drill, dig and carry in order to provide food and shelter for themselves.	B/W	11 min.	3
490	ANIMALS GROWING UP Shows the early stages of development of a calf, baby chickens and puppies and how they depend on their mother.	B/W	10 min.	K
019	BABY ANIMALS Covers the general growth patterns of various baby animals and the nature of parental care. Explains that some babies are hatched from eggs and others come from the body of the mother. Dist-MGHT 1948	B/W	10 min.	K-3
	BEGINNING RESPONSIBILITY SERIES: Dist-CORF			1-2
	BEING ON TIME By using examples of firemen and train engineers, Jimmy learns how to be on time and get ready in advance. 1956	Color - B/W	11 min.	
1046	BOOKS AND THEIR CARE Shows the proper care of books - how to open and handle new books, prevent soiling them, and repair them if damaged. 1959	B/W	11 min.	

* Numbered films may be obtained at the Contra Costa A-V Center, 1928 Oak Park Boulevard, Pleasant Hill, California 94523 - Phone: 228-3000, Ext. 267.

No.				Grade Level
	DOING THINGS FOR OURSELVES IN SCHOOL A young boy learns to do things for himself by watching others, asking for help and by practice. Importance of self-reliance is emphasized.	Color - B/W 1963	11 min.	
	LUNCHROOM MANNERS Points out through a puppet show that proper lunchroom manners are important.	Color B/W 1960	11 min.	
	OTHER PEOPLE'S THINGS Shows how articles, borrowed or found, (as well as public and property) should be cared for. The need for respecting the property of others is stressed.	Color - B/W 1957	11 min.	
030	TAKING CARE OF THINGS The care of one's toys, clothing and other property is described, stressing the importance of returning things to their proper place when not in use.	B/W 1951	11 min.	
495	BIRDS IN YOUR BACKYARD (2nd ed.) How two brothers attempt to attract birds to their yard; how they observe the birds feeding, bathing, drinking and nesting in their backyard; how they build feeding trays and a bird bath for various birds.	Color Dist-BARR 1966	11 min.	3
036	BIRDS OF THE DOORYARD (3rd ed.) Demonstrates calls of birds who build nests near homes and in gardens-- robins, house wrens, eastern phoebes, yellow-shafted flickers, cardinals, tree swallows, purple martins and yellow warblers.	Color - B/W Dist-CORF 1962	11 min.	1
618.	BUTTERFLY MYSTERY A film depicting the life story of the swallowtail butterfly with special effects detail.	Color Dist-CORF 1956	10 min.	3
051	CAMOUFLAGE - NATURE'S PROTECTION Shows how nature protects animals by color patterns.	B/W Dist-WLF 1953	10 min.	3
568	CARE OF THE SKIN A film on cleanliness and the proper way to clean the body. Shows animated drawings of skin structure.	B/W Dist-EBF 1949	11 min.	k-3
622	CINDY GOES TO A PARTY A Cinderella based story on better manners in social groups.	B/W Dist-OPRINT 1955	10 min.	3
069	COMMON ANIMALS OF THE WOODS Shows the distinguishing characteristics of the squirrel, raccoon, rabbit, otter, porcupine, mink, skunk, woodchuck, possum, and beaver.	B/W Dist-EBF 1943	11 min.	2

No.				Grade Level
623	COURTESY AT SCHOOL A boy and his classmates practice courtesy in the classroom and hallway.	B/W Dist-CORF	11 min. 1956	3
624	COURTESY FOR BEGINNERS (2nd edition) Uses role-playing to illustrate the fundamentals of etiquette. Practices courtesy in the classroom and then in real situations - the effect on others of how one says things.	B/W Dist-CORF	11 min. 1967	2
5918	DAIRY FARM CALVES The care of calves at a large dairy, including feeding, housing, handling and training.	Color Dist-FRITH	16 min. 1955	1-2
482	EYES BRIGHT (rev. ed.) Eye protection and care is the subject of this film depicting four primary children and their classmates learning from their school nurse and classroom teacher.	Color Dist-AVIS	10 min. 1965	2
5652	FAMILY TEAMWORK Shows a family working and playing together on a small goat ranch; their responsibilities, relationships and cooperation.	Color Dist-FRITH	18 min. 1946	1-3
109	FARM ANIMALS(2nd ed.) Depicts a farmer's typical day of caring for his animals. Shows farm scenes of a new born calf and colt, young animals nursing, and playing, shearing of sheep.	B/W Dist-EBF	11 min. 1957	K
632	FROM SEEDS TO PLANTS This is a story of a boy's vegetable garden and the importance of the soil, air and sun in relation to growth; how the new plants use the food stored in the seed and how they make and store food.	B/W Dist-GATEP	10 min. 1955	K-3
145	HOW BILLY KEEPS CLEAN The importance of cleanliness; when and how to wash; and that cleanliness helps keep a person healthy and nice to be near.	B/W Dist-CORF	11 min. 1951	K-2
	HUMAN AND ANIMAL BEGINNINGS The basic concepts of the family and reproduction presented in a simple fashion.	Color Dist-BROWN	13 min. 1966	3
5672	HUMAN BEGINNINGS The origin of human life is discusses by a group of children who show drawings they have made at school. A young boy and his parents react to the coming of a new baby.	B/W Dist-AF	22 min. 1950	1-6
5673	HUMAN GROWTH (2nd ed.) A seventh grade class view an animated film which traces human growth from conception to adulthood. Emphasis is placed on the differences in male and female structural development.	Color Dist-BROWN	19 min. 1962	4-6

No.				Grade Level
5777	IT'S YOUR HEALTH A film on dental health. The importance that dental health plays in general good healthappearance and personality is emphasized.	B/W Dist-SCSDA	18 min. 1949	5
641	KINDNESS TO OTHERS An example of kindness is shown. While a boy is absent from school his class learns about kindness. When he returns the class discovers a special way to be kind to him.	B/W Dist-CORF	11 min. 1957	2-3
720	LEARNING ABOUT FLOWERS Using time-lapse photography, shows the role of the flower in a plant's life cycle.	Color Dist-EBF	11 min. 1957	3
511	LET'S BE GOOD CITIZENS AT HOME Demonstrates the help two children give so that the parents can have more time for family recreation.	B/W Dist-GATEP	8 min. 1953	K-3
512	LITTERBUG Points out how neatness and thoughtfulness are rewarding. How untidiness contributes to the littering of both home and community.	Color Dist-AVIS	10 min. 1955	I-2
730	LIVING AND GROWING Using a litter of newly born rabbits, two children study how things grow. The children compare living needs and discover they are the same for the rabbits and themselves.	Color Dist-CF	11 min. 1957	3
514	MANNERS AT SCHOOL An example of good and bad manners at school with emphasis on cheerfulness, respect, kindness and consideration for property and good health habits.	B/W Dist.-GATEP	10 min. 1956	2-3
5090	MOLLY GROWS UP A simple explanation of the facts about menstruation is explained to adolescent girls.	B/W Dist.-MAP	15 min. 1953	4-6
5927	MOOSE BABY (2nd ed.) A film about a young moose from birth to maturity; how he learns about himself and the world about him from season to season.	Color Dist.-BARR	14 min. 1966	K-2
357	MOTHER HEN'S FAMILY The development of the chick embryo and the hatching of the egg is shown. Elementary concepts of reproduction and growth is presented.	Color Dist.-CORF	11 min. 1953	K-1
218	OUR ANIMAL NEIGHBORS (2nd ed.) Shows ten common species that live in our parks, roadsides and homes. (Squirrels, mice, rabbits, chipmunks, gophers and bats.)	Color Dist.-CORF	11 min. 1963	2

Curriculum Materials - K-6 - (Cont'd.) (I. B.)

No.				Grade Level
572	SEEDS GROW INTO PLANTS Seed growth and the conditions necessary for this growth are shown in this film showing the ways in which seeds travel, the embryo plant and the growth of a seed into a small plant. Dist-CORF	Color	11 min. 1956	2-3
297	STORY OF MENSTRUATION An animated film of what happens during the menstrual cycle and how this process prepares the body for the childbirth cycle. Dist-KIMBCK	Color	11 min. 1946	5
308	TEETH ARE TO KEEP The four essentials of good teeth care are shown by animated drawings. Dist-EBF	Color	11 min. 1950	3
5761	TOMMY'S DAY Dental health is described by showing a day in the life of a boy who is losing one of his baby teeth. Dist.-YAF	B/W	15 min. 1946	1-2
	THE WHAFFOR SERIES			3
669	WHAFFOR IN " I CAN RUN LIKE THE WIND" GATEWAY	Color		
590	WHAFFOR IN " I FEEL GREAT" GATEWAY	Color		
591	WHAFFOR IN "PICTURE OF HEALTH" - EGGS GATEWAY	Color		
600	WHAFFOR IN "STAMINA" GATEWAY	Color		
467	ZOO BABIES - OBSERVING THINGS ABOUT US Questions are answered about zoo animals and their young. Shows physical characteristics and habits. Dist.-CORF	Color	11 min. 1955	1-2
	IT'S WONDERFUL BEING A GIRL		18 min.	5-6

C. Other Supplementary Materials

1. Pamphlets (California Dairy Industry Advisory Board
1095 Market Street, San Francisco, Calif. 94103)

Public Affairs Pamphlets	K-6
"You're a Young Lady Now"	6
"A Story About You"	6
"Very Personally Yours"	5

2. Booklets (California Dairy Industry Advisory Board)

Life Adjustment	K-6
Better Living	K-6

Curriculum Materials - K-5 - (Cont'd.) (I. C.)

	Grade Level
3. Records (Mental Health Materials Center, 1790 Broadway, New York, New York 10019)	
"A Child's Introduction to Sex" by M.I.Levine and Melba Rae, Wonderland Records #1459	K-6
4. Slides (Mental Health Materials Center)	
"How Babies Are Made"	K-6
Series in Sex Education (American Medical Assn. Dept. of Health Education Chicago, Ill. 60610)	
"Parents Privilege"	K-3
"A Story About You"	4-6
"Facts Aren't Enough"	Teacher/Parent
5. Transparencies (3M Company, Visual Products Division Education Services, Box 3100 St. Paul, Minnesota 55101)	
K-6 Series	
"The Family"	K-3
"The Health and Happiness of the Family"	4-6
6. Charts	
Beginning the Human Family $14.95 (Scott Foresman Co.)	K-6
7. T.V. Programs	
All About You Ch. 24	K-6
8. Curriculum Guides	
Helen Manley	K-6

Course Content - 7-8

YOU AND YOUR DEVELOPMENT

SEVENTH GRADE

OBJECTIVES

I. To develop in the student a respect for his own body and to strengthen his feelings of personal worth.
II. To develop in the student a recognition of the emergence of successive growth stages.
III. To develop in the student a better understanding of family relations, cultural importance of the family, and responsibilities as a family member.
IV. To develop in the student an understanding of communicable diseases and how they can be treated and prevented.
V. To develop in the student a better understanding of the effects of smoking, alcohol and narcotics.

COURSE CONTENT

I. The Human Body.
   A. Biology and physiology of the human body.
      1. Overview
      2. Summary
   B. Human reproductive cycle.
      1. Conception and birth.
      2. Effects of heredity and environment.

II. Growth and Development.
   A. The life cycle, as it relates to family membership and responsibility.
      1. Infancy
      2. Childhood
      3. Adolescence
      4. Adulthood
      5. Old age.
   B. Types of Growth
      1. Physical
      2. Social
      3. Emotional

III. The family and its functions.
   A. Place for the growth and development of children.
   B. Most acceptable institution for insuring continuity of life.
   C. Important place to learn and practice good human relations.

IV. Communicable disease (inclusion of venereal disease is optional).

V. Smoking, alcohol and narcotics.

VI. The effects of mass media.
   A. T.V.
   B. Movies
   C. Radio
   D. Newspapers

VOCABULARY

Genes
Chromosomes
DNA
Conception
Eugenics
Twins
 a. identical
 b. fraternal
Multiple birth
Gonorhea
Syphilis
Gestation period
Mutation
Mental retardation
Birth defects.

PSYCHOLOGY OF PERSONAL DEVELOPMENT

EIGHTH GRADE

6-9 weeks

OBJECTIVES

I. To develop in the student an awareness of himself and an understanding of his relationships with others.

II. To develop in the student a thorough understanding of the physical, sexual, and emotional changes resulting from adolescence.

III. To develop in the student a basic understanding of mental illness.

IV. To develop in the student a basic understanding of personal and family finance.

COURSE CONTENT

I. Adolescence*
   - A. Growth and body changes.
   - B. Sexual and emotional changes.
   - C. Physiology of sex.
   - D. Boy-girl relationships.
     1. Interest in opposite sex.
     2. Emotional and physical attraction.
     3. Dating.

II. Personality and social relationships.
   - A. Personality development.
   - B. Maturity and emotional development.
   - C. Ethics and relationships.
   - D. Role of man and woman in our changing society.
   - E. Mental health.

III. Mental illness (brief analysis).
   - A. Causes of mental illness.
   - B. Phychoses and neuroses.
   - C. Prevention and treatment.

IV. Personal and family finance.
   - A. Allowance
   - B. Budgeting
   - C. Earning, spending, saving.

* This material is introduced in Grade Seven; expanded and reinforced in Grade Eight.

VOCABULARY

Petting	Curfew	Guilt	Frustration
Necking	Dating etiquette	Shame	Anxiety
Infatuation	Responsibility	Fear	Stress
Premarital relations	Stimulation	Disgust	Release
(Queer) Homosexual	Enticement	Illegitimacy	Daydreaming
Lesbian	Bread winner	Decent	Relationship
French kiss	Homemaker	Credit	Peers
Pornography	Repression	Allowance	Sibling
		Installment buying	

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CURRICULUM MATERIALS

II. Seventh - Eighth Grade

A. Suggested Textbooks (Basic and/or Supplementary).

Author	Title	Publisher	Date	Unit Price	Grade Level
Beck, Lester F.	HUMAN GROWTH	Harcourt	1949	$3.50	7-8
Burnett, R.Will and others	LIFE GOES ON 2nd ed.	Harcourt	1959	1.04 pap.	7-8
Corner, George W.	ATTAINING MANHOOD rev.ed.	Harper	1952	2.50	8
Corner, George W.	ATTAINING WOMANHOOD rev.ed.	Harper	1952	2.50	8
*Johnson, Eric	LOVE AND SEX IN PLAIN LANGUAGE	Lippincott	1965	2.95	7
Landis, Judson T. and Mary G.	BUILDING YOUR LIFE 3rd ed.	Prentice-Hall	1964	5.56	7-8
Mahoney, Harold J. an d Engle, J.L.	POINTS FOR DECISION rev. ed. teacher's suppl. gratis on request	Harcourt	1961	5.20	8
Vetter, Marjorie and Vitray, Laura	THE QUESTIONS GIRLS ASK	Dutton	1959	2.95	7

B. Suggested Films **

No.				Grade Level
5960	ACT YOUR AGE - EMOTIONAL MATURITY	B/W	14 min.	8
	The most common types of childish reactions, such as temper, crying and inability to take a joke, are shown together with suggestions for rating one's emotional maturity.	Dist-CORF	1949	
	ALCOHOL AND TOBACCO: WHAT THEY DO TO OUR BODIES	B/W	11 min.	7
	The adverse effects of poisons in alcoholic drinks and cigarette smoke are illustrated, using laboratory tests.	Dist.-UNKNWN		
5609	ALCOHOLISM	B/W	22 min.	7
	Some causes of excessive drinking, together with case history of an alcoholic, are shown. Role of public clinic is presented, and need for increased treatment facilities is emphasized.	Dist-EBF	1951	

* To be used as student text - grade 7.

** Numbered films may be obtained at the Contra County A-V Center, 1928 Oak Park Boulevard, Pleasant Hill, California 94523 - Phone: 228-3000, Ext. 267.

No.				Grade Level
	ARE YOU POPULAR (2nd ed.) Points out that popularity and success in dating is obtained by being friendly, considerate and intersted in others.	Color Dist-CORF	11 min. 1958	8
5047	BIOGRAPHY OF THE UNBORN The development of the embryo and fetus in the mother's womb is pictured by several types of phytography, X-rays, etc.	B/W Dist.-EBF	17 min. 1956	7
6043	BOY TO MAN Secondary and primary sexual changes of the adolescent male shown - animated.	Color Dist.-CF	16 min. 1962	7
1157	THE DROP OUT Illustrates the personal problems and frustration school dropouts encounter when not qualified to obtain work.	Color Dist-DAVP	10 min. 1962	8
5649	DRUG ADDICTION Pictures a high school boy who experiments with heroin and the resulting liability to society. Graphs and animated drawings explain several drugs and their reactions.	B/W Dist-EBF	22 min. 1952	7
	FACING REALITY Common ways in which people escape from reality are depicted. A high School boy's negative attitudes are changed with the help of a sympathetic teacher.	B/W Dist-MGHT	12 min. 1954	8
5407	FROM GENERATION TO GENERATION Childbearing as an emotional and spiritual experience is stressed, as well as being a physical one.	Color Dist-MGHT	27 min. 1959	8
6445	GIRL TO WOMAN Extensively animated film describing male and female reproductive system and human growth pattern in the change from girlhood to womanhood.	Color Dist-CF	16 min. 1965	7
	THE HUMAN BODY: REPRODUCTIVE SYSTEM Male and female reproductive organs compared, described, and their functions given in the creation of new life.	Color - B/W Dist-CORF	14 min. 1959	8
5673	HUMAN GROWTH (2nd ed.) Pictures a seventh-grade class watching an animated film on human growth from conception to adulthood. Structural development differences in male and female stressed.	Color Dist-Brown	19 min. 1962	7-8
5948	HUMAN HEREDITY Shows how hair, skin and eye coloring, and other body characteristics, are inherited.	Color Dist-Brown	23 min. 1956	7

No.				Grade Level
5352	HUMAN REPRODUCTION (2nd ed.) Animated film describing the adult reproductive systems and the process of human birth.	B/W Dist-MGHT	21 min. 1962	7
	IMPROVE YOUR PERSONALITY Emphasizes self-improvements and points out ways to develop and control personality.	Color-B/W Dist-CORF	11 min 1951	8
6203	IS SMOKING WORTH IT? Four teen-agers take part in discussion on why they do or do not smoke. The facts linking cigarette smoking with lung cancer are presented.	Color Dist-AMCS	19 min. 1962	7
1210	JUNIOR HIGH - A TIME OF CHANGE Depicts problems students encounter when entering junior high school and points out the resources available there to help them cope with these problems.	Color Dist-MGHT	11 min. 1964	7
6204	MIRACLE OF REPRODUCTION, THE (rev.ed.) Similar growth and development of characteristics of fish, chickens, cows and humans are shown. The growth of the baby within the mother's body is also pictures.	Color Dist-DAVP	15 min. 1963	7-8
	MOMENT OF DECISION Pictures four boys tempted to steal a car and take a joy ride, and the responsibility of their decision.	Color-B/W Dist-DAVP	10 min. 1962	8
5547	NARCOTICS: THE DECISION The effects of drugs on humans is shown, together with an example of how a teen-age girl of good family becomes addicted.	Color Dist-FDI	30 min. 1961	7
	PERSONAL FINANCIAL PLANNING: WISE USE OF CREDIT Shows how to gain personal security through proper handling of personal income and discusses the relationship between financial planning, and and attainment of goals.	Color-B/W Dist-SUEF	11 min. 1960	8
5275	PERSONALITY AND EMOTIONS Depicts emotions children show at different ages and gives suggestions for using these emotions to enrich their personalities.	B/W Dist-EBF	13 min. 1955	8
	PSYCHOLOGICAL DIFFERENCES BETWEEN THE SEXES Psychological, emotional and physical differences between males and females given.	Color Dist-MGHT	14 min. 1965	8
	RIGHT OR WRONG - MAKING MORAL DECISIONS The story of a boy caught breaking into a warehouse and the moral decisions of the various people involved.	Color-B/W Dist-CORF	11 min. 1951	8

No.				Grade Level
	STORY OF DEBBIE A girl attempts to adjust to life at the Children's Baptist Home in Los Angeles after having spent 11 years living with relatives and in foster homes.	B/W Dist-SF	25 min. 1965	7
297	STORY OF MENSTRUATION The menstrual cycle process explained and shown in animation.	Color Dist-KIMBCK	11 min. 1946	7
	VERDICT AT 1:32 Actual examples showing the disastrous effects of the smallest quantities of alcohol on the brain.	Color Dist-ITEMPA	22 min. n.d.	7
333	WHAT IS MONEY? Traces a five-dollar bill through many transactions. Describes our monetary system and shows how checks are used as substitutes for money.	B/W Dist-CORF	11 min. 1947	8
	WHO SHOULD DECIDE? Illustrates typical problems faced by teen-agers, using a family setting.	Color-B/W Dist-CORF	11 min. 1958	8
	YOUR FAMILY Pictures a family which has gained unity through mutual understanding, acceptance of responsibility and cooperation.	Color-B/W Dist-CORF	11 min. 1948	7
	YOUR THRIFT HABITS 92nd ed.) Tony learns good thrift habits with the help of his father.	Color Dist-CORF	11 min. 1964	8

C. Suggested Filmstrips

"How to Handle $500,000"	(Association Films, Inc. Western Area Exchange 25258 Cypress Ave., Hayward, California 94544)	8
Homemaking Series: "Funds and Fundamentals" "The Well-Dressed Teenager" "Welcome to the Family" "There's Nobody Just Like You" "Tots and Teens"	(McGraw-Hill Book Company 330 W. 42nd St., New York,N.Y.10036)	7-8

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Curriculum Materials - 7-8 - (Cont'd.)

D. Other Supplementary M terials

1. Pamphlets (Science Research Associates, 259 West Erie, Chicago, Ill. 60610)

	Grade Level
"All About You"	7
"Life with Brothers and Sisters"	7
"Ethics for Everyday Living"	7
"When Children Start Dating	8
"Self-Understanding"	8
"About You"	8
"Finding out about Ourselves"	8
"Your Problems: How to Handle Them"	8
"How to Solve Your Problems"	8
"Building Your Philosophy of Life"	8
"Growing Up Socially"	8
(National Institute of Mental Health Bethesda, Maryland 20014)	
"Alcoholism"	7
"Prevention of Alcoholism"	7
"Facts About Narcotic Drug Addiction"	7
"Narcotic Drug Addiction"	7
"How to Deal With Your Tensions"	8
"How to Deal With Mental Problems"	8
"Some Things You Should Know About Mental and Emotional Illness"	8
"Mental Health is 1, 2, 3"	8
(United States Department of Health, Education, and Welfare, Supt. of Documents, Washington, D.C. Government Printing Office)	
"Mental Illness and Its Treatment - Past and Present"	8
"The Adolescent in Your Family"	7-8
(Metropolitan Life Insurance Company One Madison Avenue, New York, N.Y. 10010)	
"Stress and What It Means To You"	8
(Public Affairs Committee, 381 Park Ave., South, New York, N.Y. 10016)	
"When a Family Faces Stress"	8
"Psychotherapy - A Helping Process"	8
(American Medical Association, Dept. of Health Education, 535 North Dearborn St., Chicago, Illinois 60610)	
"The Miracle of Life"	7
"The Wonderful Human Machine"	7
"Learning About Love"	7-8

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	Grade Level
2. Charts	
"The Birth Atlas" (Maternity Center Association 48 E. 92nd St., New York, N.Y. 10028)	7-8
(3M Company, Education Press Bldg. 235-D245, 2501 Hudson Road, St. Paul, Minnesota 55119)	
"The Human Reproductive Systems	7-8
"Conception, Prenatal Development, and Birth"	7
(American Social Health Association 785 Market Street, Room 1010 San Francisco, California 94103)	7-8
"Family Life Cycle"	
"Family Life Concerns at Every Stage of the Individual"	
3. Transparencies	
"Human Growth" (Set of 12 -- goes with film Human Growth)	7-8
(3M Company, Visual Products Division Education Services, Box 3100 St. Paul, Minnesota 55101)	
"The Human Reproduction Systems"	7-9
Individual Health and Family Life"	7-9

Course Content - 9-12

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UNDERSTANDING YOURSELF

NINTH GRADE

OBJECTIVES

I. To develop in the student a better understanding of himself and others.

II. To develop in the student a better understanding of what it means to be an effective friend and good date.

III. To develop in the student a better understanding of the problems created by going steady.

IV. To develop in the student a better understanding of personal and societal morals and standards of conduct.

V. To develop in the student a better understanding ot the emotional development at various stages of life.

VI. To develop in the student a better understanding of the relationship between education and life's goals.

VII. To develop in the student a better understanding of the law and minors.

VIII. To develop in the student a better understanding of venereal disease and its effects.

IX. To develop in the student a better understanding of the importance of parental communication.

X. To develop in the student a better understanding of the importance of wise decision making.

COURSE CONTENT

1. Understanding one's physical strength.
    - A. Growth patterns and changes.
    - B. The male reproductive system.
    - C. The female reproductive system.
    - D. The sex drive.
    - E. Heredity and environment (review).
- II. Understanding one's emotional self.
    - A. Mental health.
    - B. Adolescence
    - C. Problems of adolescence.
- III. Understanding one's social self.
    - A. Dating
        1. Purposes of dating.
        2. Crushes.
        3. Characteristics of a good date.
        4. Social skills.
        5. Parental concerns.
        6. Parental communication.
        7. Dating problems.

Understanding Yourself (Cont'd.)

B. Morality
C. Legal status of minors.

IV. Decision making.
A. Scientific method of problem solving.
B. Assuming responsibility for decisions made.

VOCABULARY*

Sibling rivalry
Infatuation

* All vocabulary lists are progressively developed. Refer to previous lists.

ENRICHMENT

"Dance Little Children" U Conn. 18 min.

HUMAN RELATIONS

TENTH GRADE

OBJECTIVES

I. To develop in the student an understanding of stages of interpersonal relationships.

II. To develop in the student a better understanding of the relationship of normal sexual drives to the expectations set up by society.

III. To develop in the student a better understanding of the relationship of alcohol, narcotics and tobacco to standards.

IV. To develop in the student a better understanding of communicable and organic diseases.

V. To develop in the student a better understanding of privileges and responsibilities of personal money management.

COURSE CONTENT

*I. Sexual behavior during adolescence.
- A. Relationships
  1. Dating
  2. Going steady.
  3. Engagement
  4. Marriage
- B. Social Attitudes.
  1. Petting - parking.
  2. Love - infatuation.
  3. Premarital sex.
  4. Social standards in relation to:
     a) alcohol
     b) narcotics
     c) tobacco
- C. Misuse of sex.
  1. Deviates
  2. Prostitution
  3. Statutory rape.

**II. Pre-marital pregnancy.
- A. Unwed mother.
- B. Unwed father.
- C. Alternatives
  1. Marriage
  2. Adoption
  3. Abortion
  4. Decision to rear child without marriage.

***III. Communicable diseases.
- A. Venereal diseases.
- B. Childhood diseases.
- C. Tuberculosis
- D. Cancer
- E. Viruses

* Ch. 4 - Modern Sex Education.
** Ch. 5 - Modern Sex Education.
*** Ch. 6 - Modern Sex Education.

Human Relations (Cont'd.)

IV. Diseases which most commonly affect the family.
    A. Heart
    B.. Diabetes
    C. Epilepsy
    D. Others
V. Personal money management.
    A. Sources of income.
        1. Allowances
        2. Job earnings.
    B. Expenditures
        1. Goals
        2. Spending plans.
        3. Responsibilities.
            a) To self.
            b) To family.

VOCABULARY

Spontaneous, Therapeutic } abortion
Menopause
Menses

LOOKING TOWARD MARRIAGE

ELEVENTH GRADE

OBJECTIVES

I. To develop in the student an understanding of the changing nature of the family.

II. To develop in the student an understanding of the importance of a realistic outlook toward marriage and family living.

III. To develop in the student a better understanding of the selection of a marriage partner as a highly personalized process, fundamental to the nature of the family.

IV. To develop in the student an understanding of the legal significance of marriage.

V. To develop in the student an understanding of the responsibilities of marriage.

COURSE CONTENT

I. Changing nature of the family.
   - A. Major changes of the past fifty years.
   - B. The American family of today.
   - C. Future of the family.
   - D. Community resources available to the family.

II. Preparation for marriage.
   - A. Engagement
     1. Purpose
     2. Marriage readiness.
        - a) Age
        - b) Financial ability.
        - c) Total health.
        - d) Agreement on children.
        - e) Education
        - f) Military obligation.
     3. Mate selection.
        - a) Ability to communicate.
        - b) Mental and physical health.
        - c) Family approval.
        - d) Differences
        - e) Similarities: education, nationality, religion, social position, interests, economic goals, age, duration of acquaintance.
     4. Morality
        - a) Development of moral values.
        - b) Basis for moral judgment.
     5. Pre-marital sounceling agencies.
        - a) Church
        - b) Doctor
        - c) Community

Looking Toward Marriage (Cont'd)

B. Marriage
   1. Purposes
      a) Security
      b) Companionship
      c) Procreation
      d) Social status.
   2. Legal aspects according to civil code in Connecticut.

Bibliography -

Vance Packard - The Hidden Persuaders
Duval - Family Development

Note: See bibliography Family Living # p.20 Course of Study
Toms River Schools

Family Living for High Schools
Board of Education - New York, N.Y.

MARRIAGE AND PARENTHOOD

TWELFTH GRADE

OBJECTIVES

I. To develop in the student a better understanding of what it means to be married.

II. To develop in the student a better understanding of early marital adjustments.

III. To develop in the student a better understanding of the problems of marriage and parenthood.

IV. To develop in the student a better understanding of the preparation for parenthood, for childbirth, and for parents as sex educators.

V. To develop in the student a better understanding of family finance.

VI. To develop in the student a better understanding of the community resources in time of trouble.

VII. To develop in the student a better understanding of good mental health in relation to the family.

COURSE CONTENT

I. Marriage partnership.
   - A. Areas of adjustment in work and marriage.
   - B. Making a success of marriage.
     1. Meeting emotional needs.
     2. Communicating.
     3. Mutual appreciation.

II. Family Finance.
   - A. Budgeting.
   - B. Housing.
   - C. Investment.
   - D. Consumer buying.

III. Crisis in marriage.
   - A. Employment and unemployment.
   - B. Military service.
   - C. Infidelity.
   - D. Illness.
   - E. Physical incapability.
   - F. In-laws.
   - G. Divorce.
   - H. Death.

IV. Parenthood.
   - A. Adjustment to approaching parenthood.
   - B. Pregnancy and childbirth.
   - C. Prenatal care.
   - D. Adoption.
   - E. Infant care.
   - F. Patterns of behavior and physical growth. characteristics of children.

Marriage and Parenthood (Cont'd.)

1. Birth to six years.
2. Social development.
3. Intellectual development.
4. Methods of training.

G. How to teach children about sex.

V. Mental health and the family.

A. Healthy attitudes.
1. Self.
2. Family members.
3. Others.

B. Mental illness.
1. Neurotic.
2. Psychotic.
3. Community resources.

C. Family responsibilities.

Methods of implementation.

I. Group discussion.
II. Individual conference.
III. Written work.
A. Examinations.
B. Synthesis.
C. Critique.
IV. Assembly groups.

Bibliography.

A Proposed Teachers Guide for Family Living -
Hayward Union High School, California

Family Life and Sex Education Course Outline
Anaheim, California

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Curriculum Materials - 9-12

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CURRICULUM MATERIALS

III. Ninth - Twelfth Grades

* A. Suggested Textbooks (Basic and/or Supplementary)

Author	Title	Publisher	Date	Unit Price	Grade Level
Ahern, Nell G.	TEENAGE LIVING	Houghton	1960	$5.50	9-10
Aldrich, C. Anderson and Mary M.	BABIES ARE HUMAN BEINGS: AN INTERPRETATION OF GROWTH	Collier	n.d.	0.95 pap.	12
Baller, Warren R. and Charles, D.C.	THE PSYCHOLOGY OF HUMAN GROWTH AND DEVELOPMENT	Holt	1961	7.50	9
	Instructor's Manual by Baller, W.R. and Sjorgren, D.		1963	0.50 pap.	
Boll, Eleanor S. and Bossard, James H.S.	THE GIRL THAT YOU MARRY	Macrae Smith	1960	3.75	10-12
Boll, Eleanor S.	THE MAN THAT YOU MARRY	Macrae Smith	1963	3.50	10-11
Brisbane, Holly E.	THE DEVELOPING CHILD	Bennett	1965	6.60	12
Burnett, R. Will and others	LIFE GOES ON 2nd ed.	Harcourt	1959	1.04 pap.	11-12
Call, Alice L.	TOWARD ADULTHOOD	Lippincott	1964	1.00	9-12
Cavan, Ruth S.	THE AMERICAN FAMILY 3rd ed.	Crowell	1963	6.50	11-12
Cavan, Ruth S.	MARRIAGE AND FAMILY IN THE MODERN WORLD 2nd ed.	Crowell	1965	4.25 pap.	11-12
Craig, Hazel T.	THRESHOLD TO ADULT LIVING	Bennett	1962	5.76	9-12
Crawley, Lawrence Q. and others	REPRODUCTION, SEX, AND PREPARATION FOR MARRIAGE	Prentice-Hall	1964	5.95; 2.95 pap.	12
Daly, Sheila J.	QUESTIONS TEEN-AGERS ASK	Dodd	1963	3.50	9-12
Davis, Maxine	SEX AND THE ADOLESCENT (Permabooks M5028)	Pocket books	n.d.	0.50 pap.	9-12
	also:	Dial	1958	6.00	
Duvall, Evelyn M.	LOVE AND FACTS OF LIFE	Assn. Press	1963	4.95	10-11
	also:	Monona	n.d.	4195	

* The Library Service Center is a source of many of these texts.

Curriculum Material - 9-12 - (Cont'd.) (111.A.)

Author	Title	Publisher	Date	Unit Price	Grade Level
Duvall, Evelyn M.	WHY WAIT FOR MARRIAGE Catholic ed.	Assn. Press	1965	2.95	10
Duvall, Evelyn M. and Sylvanus M.	SENSE AND NONSENSE ABOUT SEX (Refrection books)	Assn. Press	1962	0.75 Pap.	10
Duvall, Evelyn M. and Hill, Reuben L.	BEING MARRIED	Assn. Press also: Heath	1960 1960	4.95 5.80	12
Duvall, Evelyn M. and Hill, Reuben	WHEN YOU MARRY Rev. ed.	Assn. Press	1962	5.25	9-12
Ellzey, W. Clark	PREPARING YOUR CHILDREN FOR MARRIAGE	Assn. Press	1964	3.95	12
Ets, Marie Hall	THE STORY OF A BABY Lib. Bdg.:	Viking	1939 net	4.00 3.77	11-12
Faulkner, R. and S.	INSIDE TODAY'S HOME Rev. Ed. Text Ed. Instructor's Manual:	Holt	1960	11.95 8.95 0.75	12
Felsen, Henry Gregor	LETTERS TO A TEEN-AGE SON	Dodd	1962	3.00	9
Fitzsimmons, Cleo	CONSUMER BUYING	Wiley	1961	9.95	12
Fitzsimmons, Cleo and White, Nell	MANAGEMENT FOR YOU Rev. Ed.	Lippincott	1964	5.60	11-12
Fleck, Henrietta and others	EXPLORING HOME AND FAMILY LIVING 2nd ed.	Prentice-Hall	1964	6.16	9-12
FLECK, Henrietta C.	LIVING WITH YOUR FAMILY	Prentice-Hall	n.d.	6.92	9
Gale, Ella	$$$ AND SENSE	Fleet	n.d.	5.95	12
Ganley, A. L. and Elias, G.	KNOW YOURSELF	McGraw-Hill	1966	2.24	9
Havighurst, Robert J. and Taba, Hilda	ADOLESCENT CHARACTER AND PERSONALITY	Science eds.	1963	1.65 pap.	9-10

Curriculum Materials - 9-12 - (Cont'd.) (III. A.)

Author	Title	Publisher	Date	Unit Price	Grade Level
Hurlock, Elizabeth B.	ADOLESCENT DEVELOPMENT 2nd ed. 3rd ed. in prep.	McGraw-Hill	1955	$7.95	7-9
Hurlock, Elizabeth B.	CHILD DEVELOPMENT 4th ed. Instructor's manual Film texts available	McGraw-Hill	1964	8.50 3.50	11-12
Johnson, Eric W.	LOVE AND SEX IN PLAIN LANGUAGE	Lippincott	1965	2.95	10-12
Julian and Jackson	MODERN SEX EDUCATION	Holt	1966		10
Krich, A.M. ed.	FACTS OF LOVE AND MARRIAGE FOR YOUNG PEOPLE	Dell	n.d.	0.50 pap.	11-12
Landis, Paul H.	MAKING THE MOST OF MARRIAGE 3rd ed.	Appleton	n.d.	7.50	12
Landis, Paul H.	YOUR MARRIAGE AND FAMILY LIVING (correlated film and filmstrip series)	McGraw-Hill	1954	5.44	11-12
Landis, Judson T. and Mary G.	BUILDING YOUR LIFE 3rd ed.	Prentice-Hall	1964	5.56	12
Landis, Judson T. and Mary G.	PERSONAL ADJUSTMENT, MARRIAGE AND FAMILY LIVING	Prentice-Hall	1966	5.68	9-12
Langford, Louise M.	GUIDANCE OF THE YOUNG CHILD	Wiley	1960	6.50	12
Lorand, Rhoda L.	LOVE, SEX AND THE TEEN-AGER	Macmillan	1965	4.95	10
Levine, Milton and Seligman, J.H.	A BABY IS BORN rev. ed.	Golden Press	1966	2.95; 1.00 pap.	11-12
Levinsohn Florence and Kelly, G.L.	WHAT TEEN-AGERS WANT TO KNOW	Budlong	1965	1.50	9-10
Logan, William B. and Moon, H.M.	FACTS ABOUT MERCHANDISE text ed. 2nd ed.	Prentice-Hall	1962 1967	8.75; 6.88 6.88	12
Mace, David R. and Vera	MARRIAGE: EAST AND WEST (Dolphin C161)	Doubleday	1959	0.95 pap.	11
Musgrove, F.	YOUTH AND THE SOCIAL ORDER	Indiana	1965	5.00	9
O'Connor, R.E. and others	SEX GUIDANCE FOR YOUR CHILD A parent handbook. Delux ed.	Monona	1960	4.50	12

Curriculum Materials - 9-12 - (Cont'd.) (III. A.)

Author	Title	Publisher	Date	Unit Price	Grade Level
Oliver, Bernard J. Jr.	MARRIAGE AND YOU	College& University	1962	$6.00	11-12
Peterson, Jamea A.	EDUCATION FOR MARRIAGE 2nd ed.	Scribner	1964	6.95	11
Raines, Margaret	MANAGING LIVINGTIME	Bennett	1964	5.60	12
Rhoades, Kathleen and Samples, Merna A.	YOUR LIFE IN THE FAMILY rev.ed.	Lippincott	1959 1964	5.80 5.80	9-12
Sakol, Jeanne	WHAT ABOUT TEEN-AGE MARRIAGE?	Avon(G1169)	n.d.	0.50 pap.	10-11
	also:	Messner	1961	3.00	
Smart, R.C.	CHILD DEVELOPMENT AND RELATIONSHIPS	Macmillan	1966	7.95	12
Sorenson, Herbert and Malm, M.	PSYCHOLOGY FOR LIVING 2nd.ed. (correlated film series)	McGraw-Hill	1957	6.20;	10-12
	teacher's manual: text films available			1.00	
Spock, Benjamin	BABY AND CHILD CARE rev. ed. (GC40)	Pocketbooks Inc.	1966	0.50 pap.	12
Steward, Verne	ARE THEY QUALIFIED MARRIAGE?	Denison	1964	3.50	11
U.S.Department of Agriculture	CONSUMERS ALL: THE OFFICIAL CUNSUMER HANDBOOK (10132)	Pocket Books	n.d.	1.00 pap.	12

Curriculum Materials (Cont'd.) 9-12

B. Suggested Films*

No.					Grade Level
6043	**BOY TO MAN An animated film dealing candidly with primary and secondary sexual changes of adolescence in the male. Dist.-CF	Color	16 min.	1962	9
	THE BRIGHT SIDE Shows that day-to-day enjoyment of family living provides best emotional environment for growing children. Points out that parental anxiety can do more harm than good to children. Dist-IFB	B/W	23 min.	1960	12
	** DANCE LITTLE CHILDREN Discusses teenage pressures of today. Considers parents' responsibility, causes and solutions to a city outbreak of syphilis. Also, current adult attitude toward pre-marital sexual relations is presented. Dist-KASBH	Color	25 min.	1961	10
	DAVID AND HAZEL Stresses the need to communicate between marriage partners and how its lack affects the emotional environment of the home. Dist-MGHT	B/W	28 min.	1965	12
5478	**EARLY MARRIAGE Marriage facts and theory presented, showing various marriage ceremonies. Dist-CFD	Color	25 min.	1960	11
	EMERGENCY, CHILDBIRTH Outlines procedures to follow, during and after, when assisting in emergency delivery of a baby. Dist-DUART	Color	21 min.	1961	11-12
6432	**ENGAGEMENT - ROMANCE AND REALITY The time element is stressed in the engagement period in order to fully evaluate one's future mate. Dist-MGHT	B/W	15 min.	1965	10-12
	** FOUR FAMILIES, PART I Family life in India and France is compared, using in each case a baby in a farmer's family of moderate means. Shows how upbringing is contributory to national characteristics. Dist-MGHT	B/W	30 min.	1960	12
	FOUR FAMILIES, PART II Comparison same as Part I, but using Japan and Canada instead. Dist-MGHT	B/W	30 Min.	1960	12

* Numbered films may be obtained at the Contra Costa County A-V Center,
1928 Oak Park Blvd., Pleasant Hill, California 94523
Phone: 228-3000, Ext. 267

No.				Grade Level
5407	**FROM GENERATION TO GENERATION Childbearing as an emotional and spiritual experience, as well as being a physical one, is stressed.	Color Dist-MGHT	27 min. 1959	9-12
5445	**GIRL TO WOMAN Extensively animated film describing male and female reproductive systems and human growth pattern in the change from girlhood to womanhood.	Color Dist-CF	16 min. 1965	9
	** HANDLING MARITAL CONFLICTS Two types of conflict in marriage are presented, together with constructive ways to handle some conflicts.	Color-B/W Dist-MGHT	14 min. 1965	12
	** HOW DO I LOVE THEE Pictures in story form the moral problems faced by college students who are in love.	Color Dist-BYU	28 min. 1965	10
	HUMAN BODY: REPRODUCTIVE SYSTEM Male and female reproductive organs compared, described, and their function given in the creation of life.	Color-B/W Dist-CORF	14 min. 1959	9
5352	* *HUMAN REPRODUCTION (2nd ed.) Animated film describing the adult reproductive systems and the process of human birth.	B/W Dist-MGHT	20 min. 1966	9-12
	LIFE WITH BABY Patterns of normal child development observed in children aged 1-6, showing many candid-camera sequences.	B/W Dist-MGHT	18 min. 1946	12
	LOVE IS FOR THE BYRDS Pictures the problems and adjustments in a young married couple's life, stressing the importance of understanding and good communication between them.	Color Dist-BYU	28 min. 1965	11-12
	THE NEW BABY A mother's prenatal medical supervision is stressed, as family prepares for arrival of new baby. Describes the new baby's needs and care; how parents prepare other children in the family for the new arrival.	Color Dist-SF	20 min. 1963	12
	** PHOEBE - STORY OF A PREMARITAL PREGNANCY The story of a pregnant teenager, showing her mental and emotional reactions.	B/W Dist-MGHT	29 min. 1965	10
	PSYCHOLOGICAL DIFFERENCES BETWEEN THE SEXES Psychological, emotional and physical differences between male and females given.	Color Dist-MGHT	14 min. 1965	9-10

**The Family Life Education Committee viewed and approved these films. Many are available at Interchurch Audio Visual Aid Co., Silas Deane Hwy., Wethersfield, Conn.

No.				Grade Level
"THE BEGINNING OF LIFE" Shown on T.V.Channel 30	Source not known.			10-12
6335 **QUARTER MILLION TEENAGERS An animated film on venereal diseases. The start, the effect on tissues and organs, recognition of the diseases, and need for treatment are all explained.	Dist-CF	Color	16 min. 1964	10
5745 (Pt.1) 5476 (Pt.2) THREAD OF LIFE A film dealing with the science of genetics, including experiments by Gregor Mendel and the more recent discoveries on genes, chromosones and the chemical "DNA".	Dist-Bell	Color	60 min. 1960	11-12
5171 WHEN SHOULD I MARRY A summary of points to evaluate before answering the question of when to marry.	Dist.-MGHT	B/W	19 min. 1958	11
WHY BUDGET The problems a high school couple encountered, when they became engaged, are dramatized.	Dist-BYU	B/W	28 min. 1962	10

Film on LSD - Interchurch, Silas Deane Hwy.

C. Suggested Filmstrips

	Grade Level
1. (Guidance Associates, Pleasantville, New York, N.Y. 10570)	
"The Tuned-out Generation"	9-12
"Sex: A Moral Dilemma for Teenagers"	10
"I Never Looked At It That Way Before"	10
"Tobacco and Alcohol: The $50,000 Habit"	10
"Failure: A Step Towards Growth"	9
($24.95 each - recording accompanies)	
2. (McGraw-Hill, 330 W. 42nd St., New York, N.Y. 10036)	
Marriage and Family Living Series	9-12

D. Other Sources for Supplementary Materials

1. Pamphlets, etc. (American Medical Association, Department of Health Education, 535 North Dearborn Street, Chicago, Illinois 60610)

AMA and NEA Series - $.50 each

((American Social Health Association,
785 Market Street, Room 1010, San Francisco,
California 94103)
Packet of Family Life Education Materials:
14 pamphlets and brochures, 2 charts (Family Life Cycle
and Family Concerns)

Cost: $5.00

(Child Study Association of America,
Nine East 89th St., New York, N.Y. 10028)

Cost of Materials: 25¢ to 75¢.

(Educational Service Division, National Consumers
Finance Association, 1000 Sixteenth Street, N.W.
Washington, D.C. 20036)
Teacher's Kit: "A One Week Teaching Unit on Consumer Finance"

(Public Affairs Committee, 381 Park Avenue South,
New York, N.Y. 10016)
"Child Guidance" - Packet A - 18 pamphlets
"Family Well-Being - Packet B - 18 pamphlets
"Marriage and Special Family Concerns" - Packet C - 18 pamphlets
Cost: $3.50 per packet.

(Science Research Associates, Inc. 259 West Erie,
Chicago, Illinois 60610)
Better Living Booklets
Cost: $.60

(The Association for Family Living, 32 W. Randolph
Street, Suite 1818, Chicago, Illinois 60601)
Provides pamphlet listing of publications from many sources and can be purchased through the Association.
Membership: $2.00

(Tips and Topics in Home Economics, Tips and
Topics, School of Home Economics, Texas
Technological College, Lubbock, Texas 79409)
Subscription: $2.00 for 4 issues
Back issues: $1.00 each or 6 for $5.00
Vol. I, No. 1, Fall 1960 - "Family Relations" Issue
Vol. II, No. 1, Fall 1961 - "Child Development" Issue
Vol. IV, No. 2, Dec. 1963 - "Family Living" Issue
Vol. V, No. 4, Apr.1965 - "Teenagers"
Vol. VI, No. 1, Oct.1965 - "Decision Making"

Curriculum Materials - 9-12 - (Cont'd.) (III. D.)

Vol. VI, No. 2, Dec. 1965 - "Family Finance"
Vol. VI, No. 3, Feb. 1966 - "The Community"
Vol. VI, No. 4, Apr. 1966 - "Tomorrow's Parents"

(U. S. Department of Health, Education, and Welfare, Supt. of Documents, Washington, D.C. 20401 (Government Printing Office))
Brochures, pamphlets, and variety of topics

Workshop Report: (University Extension Office, University of California, Davis, California, 95616)
"The Teenage Parent, Early Marriage and Child Bearing" 1964
Cost: $1.00

2. Tapes and Disc Recordings

(Educational Recording Services, 5922 Abernathy Drive, Los Angeles, California 90045)
Write for listings of 33 1/3 r.p.m. discs available.
Cost: $6.90 each (special prices for quantities)

(Indiana University Audio Visual Center, Bloomington, Indiana 47401)
Largest source of films, filmstrips and tapes in the United States.

(National Tape Repository, Bureau of Audio Visual Instruction, Stadium Building, Room 348, University of Colorado, Boulder, Colorado 80302)

(NEA, Department of Audio-Visual Instruction, 1201 16th Street, N.W., Washington, D.C. 20036)
Write for National Tape Recording Catalog, 1966-67.
Cost: $1.00

Order from the first address shown above, sending your own tape.
Cost: $1.00 for each 30 minutes of recorded time.

(Audio-Visual Education Center, 720 East Huron, Ann Arbor, Michigan 48104)
Write for "Tape Recordings 1966"

(Tape Recording Unit, Visual Aids Service, University of Illinois, 704 So. Sixth St., Champaign, Illinois 61820)
Write for "Tapes for Teaching 1966-67 (catalog).

(Pennsylvania State University, Audio-Visual
Aids Library, State College, 34 & Spruce,
Philadelphia, Pennsylvania 19104)
Write for "Tapes for Teaching". (free catalog)

3. Overhead Projection Transparencies

(National Educational Visuals Co., Inc.
West Street, Newport, New York 13416.)
Obstetrics (form OB1). Cost: $95.00

(3M Company, Educational Services, Box 3100, St. Paul, Minnesota 55101)

	Grade Level
Human Reproduction Systems Packet.	9
Conception, Prenatal Development and Birth.	10-12
Marriage and the Family: Responsibilities and Privileges.	10-12

4. Film and Filmstrip Catalogs

(Association Films, Inc., Western Area Exchange,
25258 Cypress Ave., Hayward, California 94544)
(1966-1967)

(Children's Bureau, U.S.Department of Health,
Education and Welfare, Washington, D.C.20404)
Selected Films on Child Life.
14 films related to Family Life.

(Contra Costa County A-V Center, 1928 Oak Park
Boulevard, Pleasant Hill, California 94523 -
Phone: 228-3000, Ext. 267.

(Coronet Films, Sales Department, Coronet Bldgs.,
Chicago, Illinois 60610)

(Encyclopedia Britannica Educational Corp.,
425 North Michigan Ave., Chicago, Ill. 60614)

(State Department of Mental Hygiene, 1500 Fifth
Street, Sacramento, California 95814)
Mental Health Film Library Catalog.

(Public Health Department, East-Central
District Office, 79 Santa Barbara Rd.,
Pleasant Hill, California 94523)

(Society for Visual Education, Inc.
1345 Diversey Parkway, Chicago, Ill. 60614)
2 x 2 slides and study prints.

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5. Models

Dickinson Birth Series Models. Cost: $225.00	(John J. Beeston, M.D.,Director Cleveland Health Museum, 8911 Euclid Avenue, Cleveland, Ohio 44106)
The Developing Fetus.	Denoyer-Geppert

6. Charts

	(Maternity Center Association, 48 E. 92nd Street, New York
Birth Atlas.	N. Y. 10028)
Female Reproductive Organs.	Denoyer-Geppert
Male Reproductive Organs.	Denoyer,Geppert